

CALLING ALL PARENTS

I've tried everything. I don't know what else to do

I feel like I'm banging my head against a brick wall!!!

Why do I have to keep saying the same thing over and over again?

There's got to be a better way to bring up children!



Does this sound familiar? Do you think you might be interested in getting together with other parents on a parenting course? It's relaxing and enjoyable. You'll find support, have some laughs, make new friends, become a happier parent - and you won't believe the difference it can make to your children!

We are offering 2 free parenting courses

Parenting 0-6s

Mondays 9.30am - 11.30am

6 sessions starting on 25th January 2010

There is a free crèche available for these sessions. Numbers are limited and will be allocated on a first come, first served basis. Please phone 01270 872291 to book a crèche place.

Some issues covered:

- Misbehaviour
- Encouragement
- Listening
- Communication
- Discipline
- Quality time

Parenting Teenagers

Mondays 8pm - 9.30pm

6 sessions starting 25th January 2010

To help parents of teenagers to improve their communication skills and create a framework of discipline and respect in their families.



in our villages, towns & cities

Christ Church Hall, Alsager
35 Church Road

www.christchurch-alsager.org.uk

To book your place or for more details phone

01270 872291 or e-mail

christchurchoffice@hotmail.co.uk



Christ Church
Alsager with St. Luke's
Oakhanger

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